

## ROMFORD - HORNBURCH - UPMINSTER - AVELEY - BELHUS - LAKESIDE - GRAYS

## Mondays to Fridays only

TBC

375

ROMFORD, Mercury Gardens	0622	0657	0727	0755	0825	0855	0925	0955	25	55	1455	1525	1555	1625	1655	1725
Romford, Station	0624	0700	0730	0759	0829	0859	0928	0958	28	58	1458	1529	1559	1630	1700	1730
Gidea Park, The Drill	0628	0704	0735	0807	0837	0907	0933	1003	33	03	1503	1534	1604	1635	1705	1735
Hornchurch, Town Centre	0634	0710	0741	0813	0843	0913	0940	1010	40	10	1510	1541	1611	1642	1712	1742
Upminster, Bell Corner	0639	0715	0746	0819	0849	0919	0945	1015	45	15	1515	1546	1616	1647	1717	1747
Upminster, Station	0640	0717	0749	0822	0852	0922	0947	1017	47	17	1517	1550	1620	1651	1721	1751
Corbets Tey, Harwood Hall Road	0646	0723	0755	0828	0858	0928	0954	1024	54	24	1524	1557	1627	1658	1728	1758
Aveley, Usk Road	0520	0652	0731	0803	0836	0906	0936	1002	02	32	1532	1605	1635	1706	1736	1806
Aveley, High Street	0525	0657	0736	0808	0841	0911	0941	1007	07	37	1537	1610	1640	1711	1741	1811
Belhus, Gatehope Drive	0515	0701	0741	0813	0846	0916	0946	1013	13	43	1543	1615	1645	1716	1746	1816
Belhus, Derwent Parade	0511	0705	0746	0818	0851	0921	0951	1017	17	47	1547	1620	1650	1721	1751	1821
Lakeside, Bus Station	0542	0714	0756	▲	0901	0931	1001	1026	26	56	1556	1629	1659	1730	1800	1830
Lakeside, Bus Station, Stop 9	0547	0714	0756		0901	0931	1001	1028	28	58	1558	1631	1701	1732	1802	1832
Chafford Hundred, Elizabeth Road	0718	0801	0826	0906	0936	1006	1033	1103	33	03	1603	1636	1706	1737	1807	1837
GRAYS, Bus Station	0559	0721	0805	0830†	0910	0940	1010	1038	38	08	1608	1641	1711	1742	1812	1842

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ROMFORD, Mercury Gardens	1755	1825	1855	1925				
Romford, Station	1800	1830	1858	1928				
Gidea Park, The Drill	1805	1835	1902	1932				
Hornchurch, Town Centre	1812	1842	1908	1938				
Upminster, Bell Corner	1817	1847	1913	1943				
Upminster, Station	1821	1851	1917	1945				
Corbets Tey, Harwood Hall Road	1828	1858	1924	1951				
Aveley, Usk Road	1836	1904	1930	1957	2036	2110	2155	2236
Aveley, High Street	1841	1909	1935	2002	2041	2114	2159	2241
Belhus, Gatehope Drive	1846	1913	1939	2006	2046			2246
Belhus, Derwent Parade	1851	1917	1943	2010	2049			
Lakeside, Bus Station	1900	1926	1952	2019	2057	2121	2210	2257
Lakeside, Bus Station, Stop 9	1902	1926	1952	2019	2057		2210	2257
Chafford Hundred, Elizabeth Road	1907	1930	1956	2023	2102			2302
GRAYS, Bus Station	1912	1934	2000	2026	2106		2225	2306

## CODE:

- - Bus stop near Rail Station.    ⊖ - Bus stop near Underground Station.  
 † - To Bradleigh Avenue (Convent School) arr. 0833.    ▲ - Via North Stifford, Dog & Partridge.  
 TBC - This journey is operated under contract to Thurrock Council.  
 374 - Service 374 operated by First Thamesway.

If you have any complaints or suggestions relating to services operating under contract to Thurrock Council please contact us on 01375 652833

375 - FULL DETAILS OF THIS JOURNEY  
APPEAR UNDER SERVICE 375

**Mondays to Fridays only**

GRAYS, Bus Station, Stop 1 ➡	0552	0612	0631	0658	0728	0758	0834	0904	0932	02	32	1432	1458	1537	1558	1628	1658	
Chafford Hundred, Elizabeth Road	0556	0616	0635	0702	0732	0802	0838	0908	0936	06	36	1436	1502	1541	1602	1632	1702	
Lakeside, Bus Station	arr. 0600	0621	0640	0707	0737	0807	0843	0913	0941	11	41	1441	1507		1607	1637	1707	
Lakeside, Bus Station, Stop 7	dep. 0600	0621	0640	0707	0737	0807	0843	0913	0943	13	43	1443	1509	▲	1609	1639	1709	
Belhus, Derwent Parade	0608	0630	0650	0717	0747	0817	0853	0923	0953	Then	23	53	1453	1519	1551	1619	1649	1719
Belhus, Gatehope Drive	0612	0634	0655	0722	0752	0822	0858	0928	0958	at	28	58	1458	1524	1556	1624	1654	1724
Aveley, High Street	0616	0638	0700	0727	0757	0827	0903	0933	1003	these	33	03	1503	1529	1601	1629	1659	1729
Aveley, Usk Road	0621	0643	0706	0733	0803	0833	0909	0939	1009	mins.	39	09	until 1509	1535	1607	1635	1705	1735
Corbets Tey, Harwood Hall Road	0627	0649	0712	0739	0809	0839	0915	0945	1015	past	45	15	1515	1541	1613	1641	1711	1741
Upminster, Station ➡ ⊖	0633	0655	0721	0748	0818	0848	0922	0952	1022	each	52	22	1522	1548	1620	1648	1718	1748
Upminster, St. Lawrence Church	0635	0657	0723	0750	0820	0850	0924	0954	1024	hour	54	24	1524	1551	1623	1651	1721	1751
Hornchurch, Town Centre	0639	0702	0728	0755	0825	0855	0929	0959	1029		59	29	1529	1556	1628	1656	1726	1756
Gidea Park, The Drill	0644	0709	0734	0803	0833	0903	0935	1005	1035		05	35	1535	1603	1635	1703	1733	1803
Romford Station ➡	0648	0713	0739	0809	0839	0909	0939	1009	1039		09	39	1539	1609	1641	1709	1739	1809
ROMFORD, Mercury Gardens	0650	0715	0742	0812	0842	0912	0942	1012	1042		12	42	1542	1612	1644	1712	1742	1812

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GRAYS, Bus Station, Stop 1 ➡	1730	1800	2005	....	2205
Chafford Hundred, Elizabeth Road	1734	1804	2009	....	2209
Lakeside, Bus Station	arr. 1739	1809	2014	....	2214
Lakeside, Bus Station, Stop 7	dep. 1741	1811	2014	2135	2214
Belhus, Derwent Parade	1751	1821	2022	....	2222
Belhus, Gatehope Drive	1756	1826	2025	....	2225
Aveley, High Street	1801	1831	2030	2146	2230
Aveley, Usk Road	1807	1837	2035	2151	2235
Corbets Tey, Harwood Hall Road	1813	1843	....	....	....
Upminster, Station ➡ ⊖	1820	1850	....	....	....
Upminster, St. Lawrence Church	1823	1853	....	....	....
Hornchurch, Town Centre	1828	1858	....	....	....
Gidea Park, The Drill	1834	1904	....	....	....
Romford Station ➡	1839	1909	....	....	....
ROMFORD, Mercury Gardens	1842	1912	....	....	....

If you have any complaints or suggestions relating to services operating under contract to Thurrock Council please contact us on 01375 652833

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most buses still trade as

**Thameside**

Enquiries: telephone 01279 - 426349  
01375 - 374890

**CODE:** ➡ - Bus stop near Rail Station. ⊖ - Bus stop near Underground Station.  
▲ - Via North Stifford, Dog & Partridge. § - from Bradleigh Avenue at 1535.  
**TBC** - This journey is operated under contract to Thurrock Council.  
**374** - Service 374 operated by First Thamesway.

ROMFORD - HORNCHURCH - UPMONSTER - AVELEY - BELHUS - LAKESIDE - GRAYS

Saturdays only

																		TBC	TBC	TBC	TBC
																		374	374		
ROMFORD, Mercury Gardens	0622	0655	0725	0755	0825	0855	25	55	1725	1755	1825	1855	1925								
Romford, Station	0624	0657	0727	0757	0827	0858	28	58	1728	1758	1828	1858	1928								
Gidea Park, The Drill	0628	0701	0731	0801	0831	0903	33	03	1733	1803	1833	1903	1933								
Hornchurch, Town Centre	0633	0706	0736	0806	0836	0910	40	10	1740	1810	1840	1910	1940								
Upminster, Bell Corner	0637	0710	0740	0810	0840	0915	Then	45	15	1745	1815	1845	1915	1945							
Upminster, Station	0638	0711	0741	0811	0842	0917	at	47	17	1747	1817	1847	1917	1947							
Corbets Tey, Harwood Hall Road	0644	0717	0747	0817	0849	0924	these	54	24	1754	1823	1853	1923	1953							
Aveley, Usk Road	0650	0723	0753	0823	0855	0932	mins.	02	32	until	1802	1828	1858	1928	1958	2036	2110	2155	2236		
Aveley, High Street	0655	0728	0758	0828	0900	0937	past	07	37		1807	1833	1903	1933	2003	2041	2114	2159	2241		
Belhus, Gatehope Drive	0659	0732	0802	0832	0906	0943	each	13	43		1813	1837	1907	1937	2007	2046			2246		
Belhus, Derwent Parade	0703	0736	0806	0836	0910	0947	hour	17	47		1817	1841	1911	1941	2011	2049			2249		
Lakeside, Bus Station	0711	0744	0814	0844	0919	0956		26	56		1826	1849	1919	1949	2019	2057	2121	2210	2257		
Lakeside, Bus Station, Stop 9	0711	0744	0814	0844	0919	0958		28	58		1828	1849	1919	1949	2019	2057			2210	2257	
Chafford Hundred, Elizabeth Road	0715	0748	0818	0848	0923	1003		33	03		1833	1853	1923	1953	2023	2102				2302	
GRAYS, Bus Station	0718	0751	0821	0851	0927	1008		38	08		1838	1856	1926	1956	2026	2106			2225	2306	



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																			374		
GRAYS, Bus Station, Stop 1	0546	0616	0646	0716	0746	0816	0839	0909	0932	02	32		1702	1737	1807	2005				2205	
Chafford Hundred, Elizabeth Road	0550	0620	0650	0720	0750	0820	0843	0913	0936	06	36		1706	1741	1811	2209				2209	
Lakeside, Bus Station, Stop 7	0554	0624	0654	0724	0754	0824	0847	0917	0941	11	41		1711	1745	1815	2014				2214	
Lakeside, Bus Station	0554	0624	0654	0724	0754	0824	0847	0917	0943	13	43		1713	1747	1817	2014			2135	2214	
Belhus, Derwent Parade	0602	0632	0702	0732	0802	0832	0855	0925	0953	Then	23	53		1723	1755	1825	2022			2222	
Belhus, Gatehope Drive	0606	0636	0706	0736	0806	0836	0859	0929	0958	at	28	58		1728	1759	1829	2025			2225	
Aveley, High Street	0610	0640	0710	0740	0810	0840	0903	0933	1003	these	33	03		1733	1803	1833	2030			2146	2230
Aveley, Usk Road	0615	0645	0715	0745	0815	0845	0909	0939	1009	mins.	39	09	until	1739	1809	1839	2035			2151	2235
Corbets Tey, Harwood Hall Road	0621	0651	0721	0751	0821	0851	0915	0945	1015	past	45	15		1745	1815	1845					
Upminster, Station	0627	0657	0727	0757	0827	0857	0922	0952	1022	each	52	22		1752	1822	1852					
Upminster, St. Lawrence Church	0629	0659	0729	0759	0829	0859	0924	0954	1024	hour	54	24		1754	1824	1854					
Hornchurch, Town Centre	0633	0703	0733	0803	0833	0903	0929	0959	1029		59	29		1759	1829	1859					
Gidea Park, The Drill	0638	0708	0738	0808	0838	0908	0935	1005	1035		05	35		1805	1835	1905					
Romford Station	0642	0712	0742	0812	0842	0912	0939	1009	1039		09	39		1809	1839	1909					
ROMFORD, Mercury Gardens	0645	0715	0745	0815	0845	0915	0942	1012	1042		12	42		1812	1842	1912					

CODE: ➡ - Bus stop near Rail Station. ⊕ - Bus stop near Underground Station.  
TBC - This journey is operated under contract to Thurrock Council.  
374 - Service 374 operated by Town & Country Travel.

## Sundays and Public Holidays only

ROMFORD, St. Edwards Way	0810	10	2110
Romford, Station	0814	14	2114
Gidea Park, The Drill	0818	Then 18	2118
Hornchurch, Town Centre	0823	at 23	2123
Upminster, Bell Corner	0827	these 27	2127
Upminster, Station	0828	mins. 28 until	2128
Corbets Tey, Harwood Hall Road	0834	past 34	2134
Aveley, Usk Road	0839	each 39	2139
Aveley, High Street	0844	hour 44	2144
Belhus, Gatehope Drive	0848	48	2148
Belhus, Derwent Parade	0852	52	2152
LAKESIDE, Bus Station	0902	02	2202
Chafford Hundred, Elizabeth Road	0907T	07T	2207T
GRAYS, Bus Station	0912T	12T	2212T

GRAYS, Bus Station, Stop 1	0659T	59T	2159T
Chafford Hundred, Elizabeth Road	0703T	03T	2203T
LAKESIDE, Bus Station	arr. 0708T	08T	2208T
LAKESIDE, Bus Station, Stop 7	dep. 0710	10	2210
Belhus, Derwent Parade	0718	18	2218
Belhus, Gatehope Drive	0722	Then 22	2222
Aveley, High Street	0726	at 26	2226
Aveley, Usk Road	0731	these 31	2231
Corbets Tey, Harwood Hall Road	0737	mins. 37 until	2237
Upminster, Station	0742	past 42	2242
Upminster, St. Lawrence Church	0744	each 44	2244
Hornchurch, Town Centre	0748	hour 48	2248
Gidea Park, The Drill	0753	53	2253
Romford Station	0757	57	2257
ROMFORD, St. Edwards Way	0801	01	2301

**CODE:**  - Bus stop near Rail Station.  - Bus stop near Underground Station.  
T - Part of service operated under contract to Thurrock Council.

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